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Dynamic thromboembolism risk modelling in patients with cancer: prospective study

BIOmarkers for risk of ThromboEmbolism in patients with Lung cancer (**BIOTEL**)

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Alexander M, Ball D, Solomon B, MacManus M, Manser R, Riedel B,
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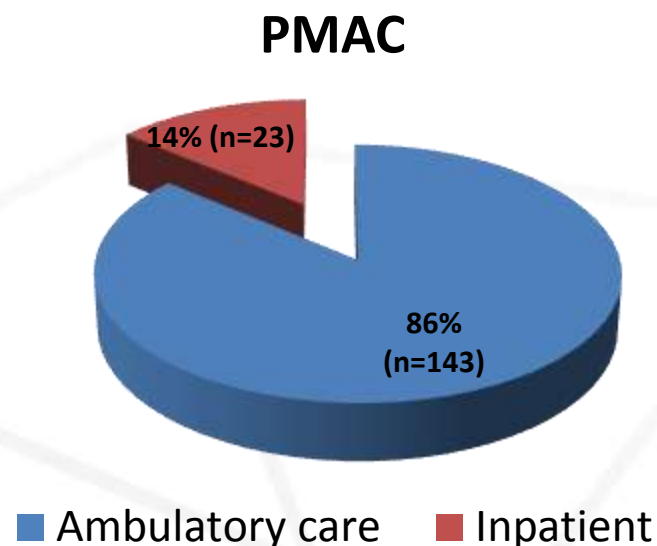
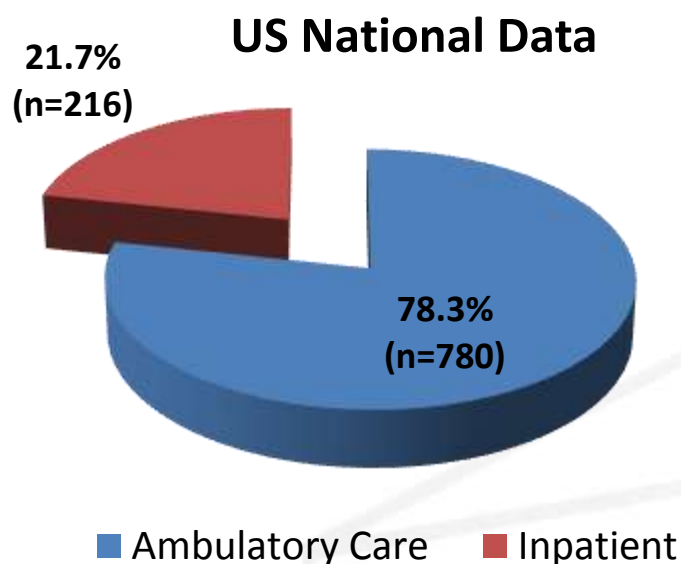
Cancer associated thromboembolism (CA-TE): remains a priority area

- **Important and frequent complication:** substantial adverse clinical and economical consequences
 - Represents major clinical event for patients with cancer
 - Preventable
- 80% CA-TE occur in ambulatory care settings
- **Heterogeneity of TE risk** (patients, tumour type and treatments)
- **Coagulation and tumour biology**

PRIORITY AIMS

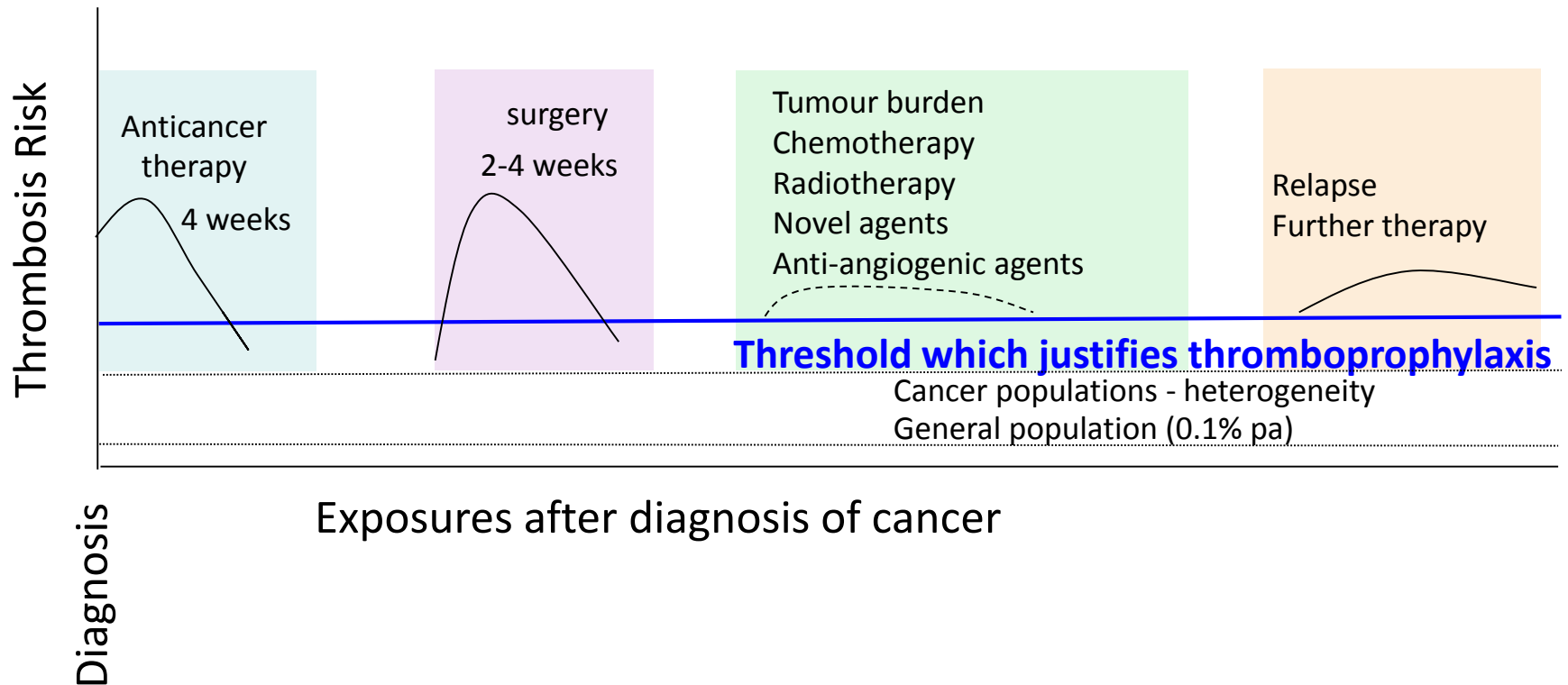
- Identification high TE risk patients and time periods
- Simple, relevant real time decision-making algorithm for prevention CA-TE
- Can primary thromboprophylaxis also impact tumour biology

TE: ambulatory vs hospitalised cancer patients



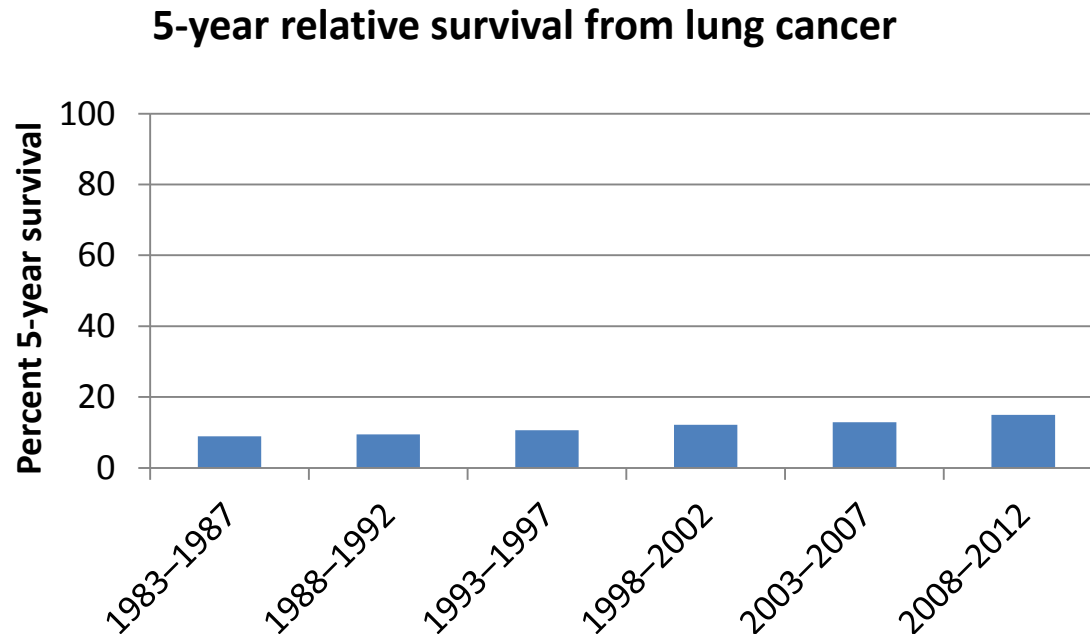
Cancer-associated TE risk: heterogeneous and dynamic

- Inter- and intra-patient variability



Prospective studies: profile risk

- Multiple myeloma
- Post liver resection for cancer
- GI cancer: BIOTEGIC
- **Lung cancer: BIOTEL**



BIOTEL: BIOmarkers for risk of ThromboEmbolism in patients with Lung cancer

Thromboembolism Risk Modelling in Patients with Non-Small Cell Lung Cancer: A Prospective Cohort Study

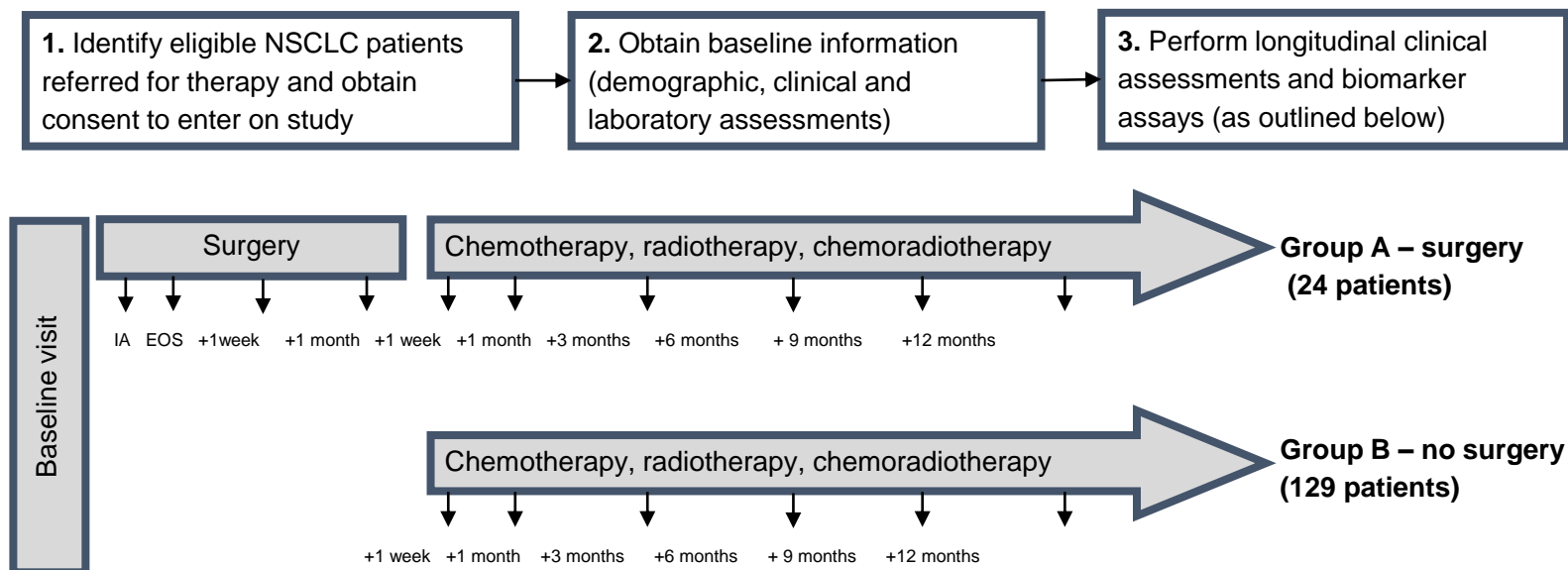
Burbury et al. 2018, under review

Prospective, longitudinal profile of patients with NSCLC receiving anticancer therapy:

- Investigate clinical + lab biomarkers – TE +complications, PFS, OS
- Identify high risk patients and time periods
- Development: TE risk assessment model with decision-making algorithm.

Methods: Study schema

Biomarker panel: clinical and biomarkers



**Anticancer
Therapy**

**Sequential
Biomarker
Profiling**

TE/PFS/OS

BIOTEL: Laboratory biomarker panel

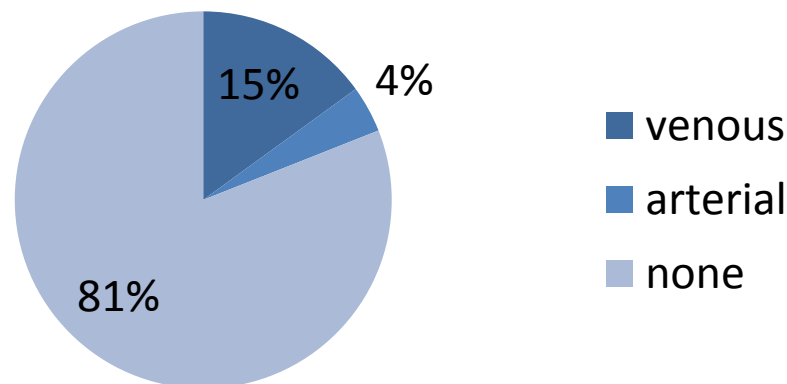
- FBC
 - Haemoglobin
 - White cell count
 - Platelet count
 - PLR
 - NLR
- Thromboelastography
- Coagulation parameters
 - APTT, PT
 - D-dimer
 - fibrinogen
- Neutrophil-lymphocyte ratio (NLR)
- Platelet-lymphocyte ratio (PLR)
- FVIIIc
- vWF-Ag
- Thrombin-antithrombin (TAT)
- Prothrombin fragment (PF1+2)
- Fibrin Monomers (FM)
- Thrombomodulin
- PPL- microparticles
- ETP

- Thresholds: continuous and binary (reference ranges, pre-defined prediction, informed by data)
- Risk models: derived Fine and Gray proportional hazards regression (death a competing risk).
- Risk prediction models: compared to established models using Bayesian Information Criterion (BIC), C-index, and sensitivity and specificity.
- The model further validated within a prospective gastrointestinal cancer cohort.

■ Results – non-surgical cohort (n=129)

- Median follow-up 22 months (range 5.9-31.3 months)
- 610 blood samples from 129 patients analysed [median 5 time points/patient (range 1-9)]
- **24/129 (19%) patients: TE event**
- **24/170 (14%)** excluded due to TE event at/during screening

Thromboembolic events

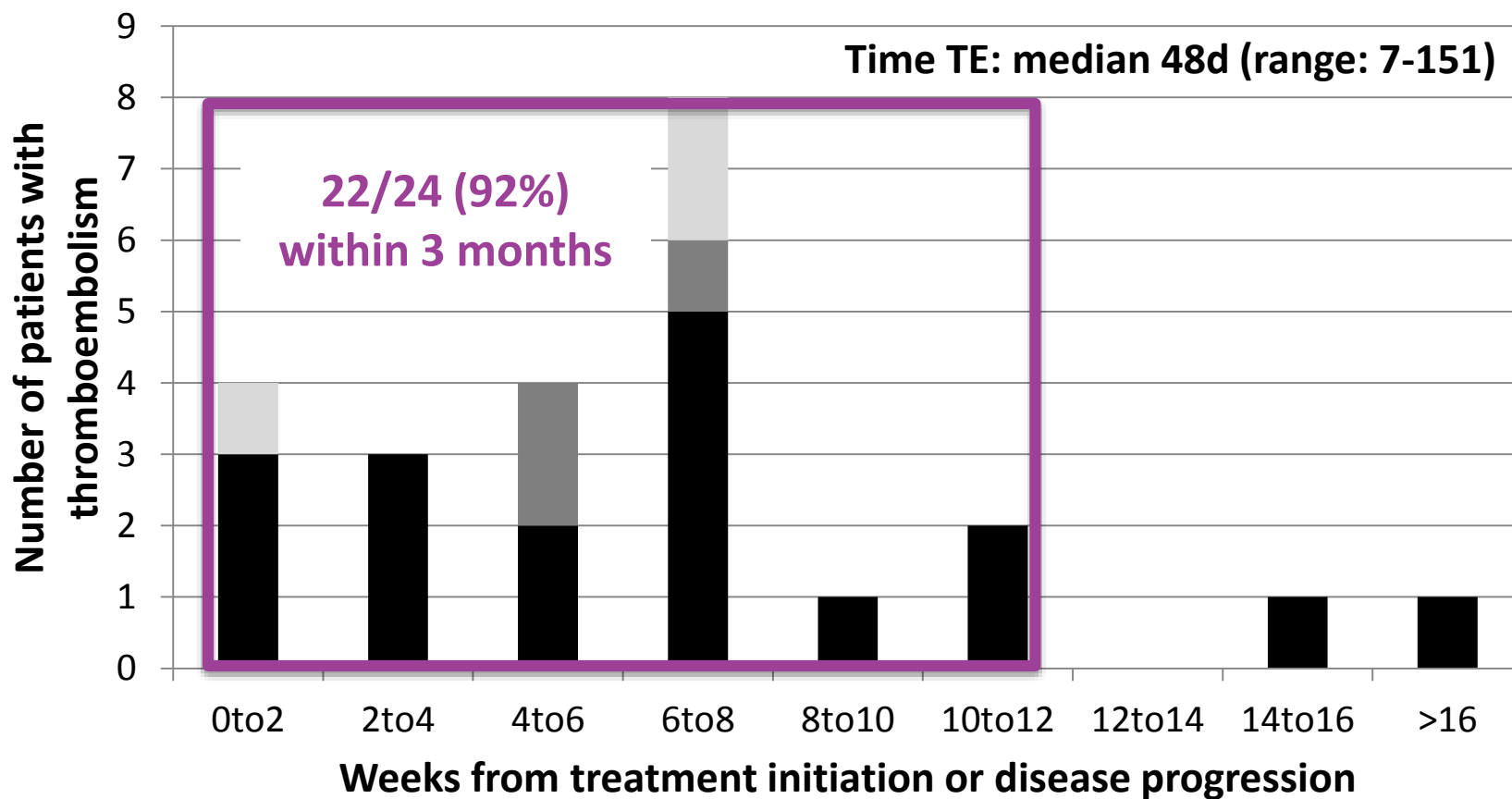


BIOTEL: time to thromboembolic event

Time to thromboembolism

■ First treatment ■ Second treatment ■ Disease progression

Time TE: median 48d (range: 7-151)



Risk Factors for TE (Clinical)

Risk factor	All (n=129)			Chemotherapy (n=93)		
	sHR ^a	95%CI	P	sHR ^a	95%CI	P
Chemo (CRT/CHT) vs. RT	6.7	0.8-53.3	0.07	Not applicable		
Stage IV (vs. I-III)	1.1	0.3-4.2	0.83	1.1	0.3-4.2	0.85
Stage IIIB/IV (vs. I-IIIA)	1.7	0.6-5.0	0.30	1.2	0.4-3.5	0.71
New (vs. recurrent)	2.4	0.5-10.2	0.25	1.5	0.3-6.3	0.25
Adenocarcinoma (vs. other)	1.3	0.5-3.2	0.62	1.3	0.5-3.8	0.58
Age ≥70 years	2.6	1.0-7.0	0.06	0.4	0.2-1.2	0.11
Female sex	1.5	0.6-3.8	0.43	1.4	0.5-4.0	0.49
BMI>30kg/m ^{2a}	0.7	0.2-3.2	0.66	0.5	0.1-4.2	0.52
ECOG PS ≥2	5.9	0.8-41.9	0.08	8.6	1.2-63.0	0.03
Ever smoker	2.0	0.3-15.9	0.50	1.7	0.2-12.9	0.63
Colinet score >9	1.7	0.4-4.0	0.68	1.2	0.4-3.8	0.74
Charlson score >3	2.2	0.8-6.1	0.12	1.9	0.7-5.1	0.22
Progression ≤6 months	1.1	0.4-2.9	0.91	1.4	0.6-3.5	0.48
Death ≤6 months	1.2	0.5-3.1	0.64	1.4	0.5-4.1	0.59

Biomarker (baseline): prediction for TE

Risk factor	All (n=129)			Chemotherapy (n=93)		
	sHR ^a	95%CI	P	sHR ^a	95%CI	P
NLR ≥2.5	0.9	0.3-3.3	0.94	1.6	0.3-7.0	0.57
NLR ≥5.0	0.4	0.1-1.1	0.07	0.4	0.1-1.2	0.11
PLR ≥150	1.3	0.3-5.1	0.69	2.4	0.5-12.3	0.30
PLR ≥300	0.7	0.2-2.5	0.59	0.9	0.3-2.9	0.90
Haemoglobin <100g/L	0.7	0.1-4.6	0.70	1.2	0.2-7.3	0.84
White cell count ≥11.0x10 ⁹ /L	0.9	0.3-2.4	0.82	0.9	0.3-2.5	0.86
TEG-MA ≥69mm	1.8	0.8-2.4	0.68	1.2	0.4-3.7	0.71
TEG-Angle ≥77 degrees	1.7	0.6-4.7	0.34	1.7	0.6-5.0	0.34
TEG-R ≤4.5min	1.8	0.7-4.9	0.20	1.3	0.5-3.7	0.60
TEG-K ≤0.9min	1.5	0.5-4.4	0.47	1.5	0.5-4.8	0.46
TEG-R ≤4.5min + TEG-K ≤0.9min	2.8	0.9-8.7	0.08	1.8	0.5-6.0	0.34

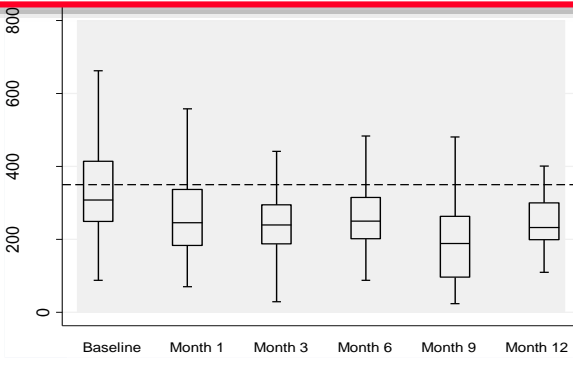
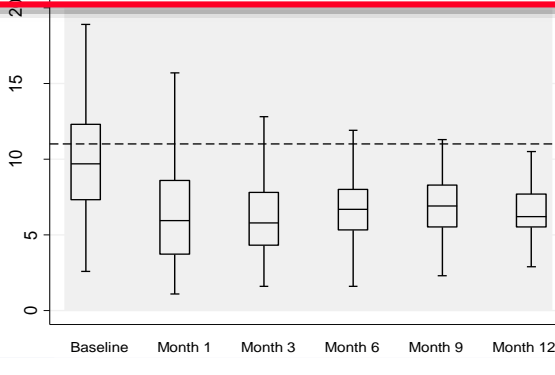
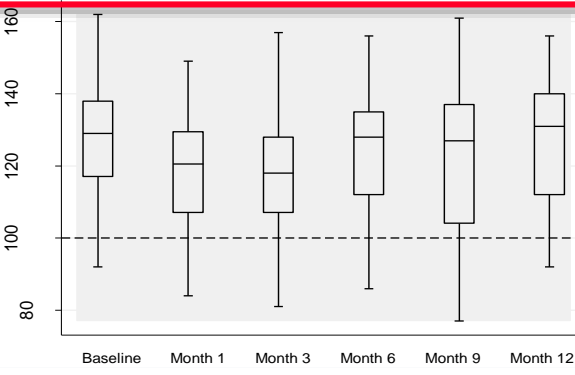
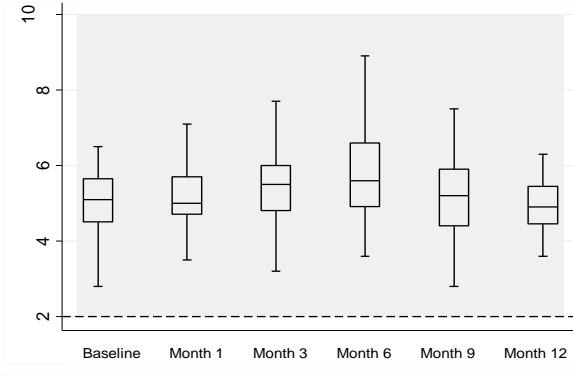
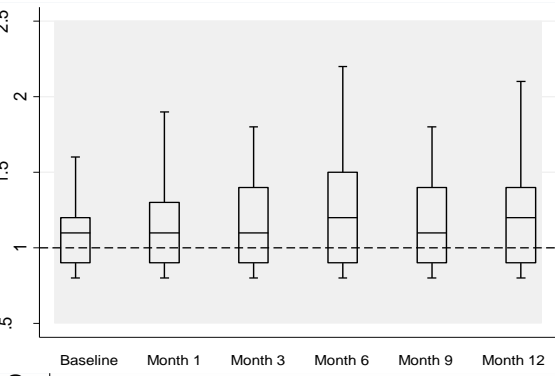
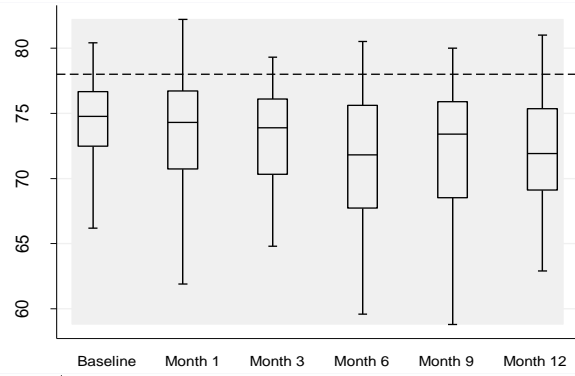
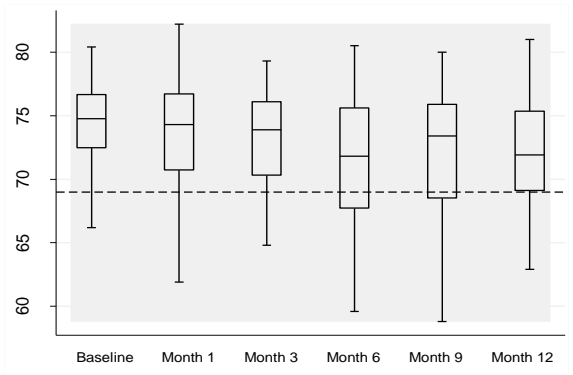
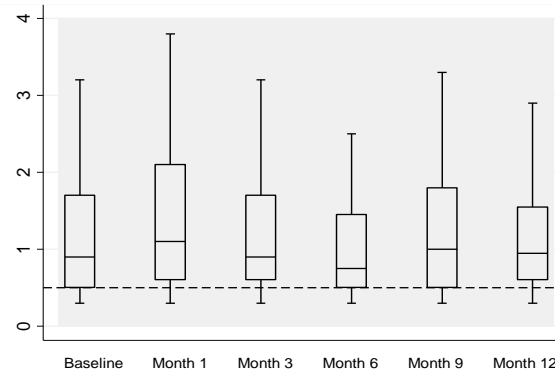
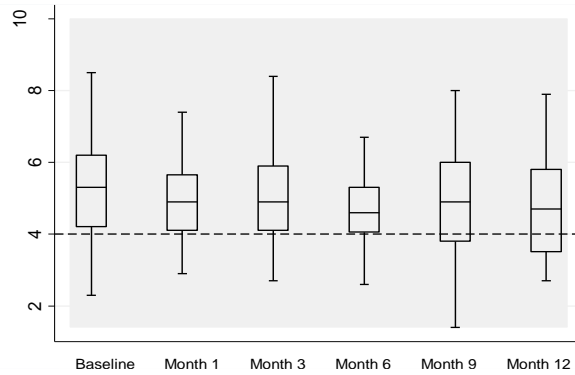
Risk Factors for TE

Risk factor	All (n=129)			Chemotherapy (n=93)		
	sHR ^a	95%CI	P	sHR ^a	95%CI	P
Baseline d-dimer ≥0.5mg/L	All events in high risk group			All events in high risk group		
Baseline d-dimer ≥1.5mg/L	1.6	0.6-4.4	0.38	2.1	0.8-5.8	0.16
Month 1 d-dimer ≥1.5mg/L	1.6	0.6-4.4	0.33	1.6	0.6-4.6	0.35
Baseline d-dimer ≥1.5mg/L or month 1 ≥1.5mg/L	2.6	0.8-7.7	0.10	3.1	1.0-9.8	0.05
Baseline platelet count ≥350x10 ⁹ /L	1.2	0.5-3.3	0.69	1.5	0.6-4.1	0.40
Month 1 platelet count ≥350x10 ⁹ /L	1.7	0.6-4.7	0.27	2.3	0.8-6.5	0.10
Baseline fibrinogen ≥4.0g/L	1.2	0.3-4.3	0.80	1.4	0.4-5.5	0.60
Baseline fibrinogen ≥6.0g/L	0.9	0.3-2.5	0.85	1.0	0.3-3.0	0.97
Month 1 fibrinogen ≥6.0g/L	1.5	0.6-4.3	0.40	2.3	0.8-6.6	0.11
Baseline d-dimer ≥0.5mg/L + fibrinogen ≥4.0g/L	2.1	0.5-7.8	0.29	2.7	0.7-10.8	0.16
Baseline d-dimer ≥0.5mg/L + fibrinogen ≥4.0g/L, or baseline d-dimer ≥1.5mg/L	6.1	0.8-49.0	0.09	8.5	1.0-71.4	0.05

Biomarkers: longitudinal profile

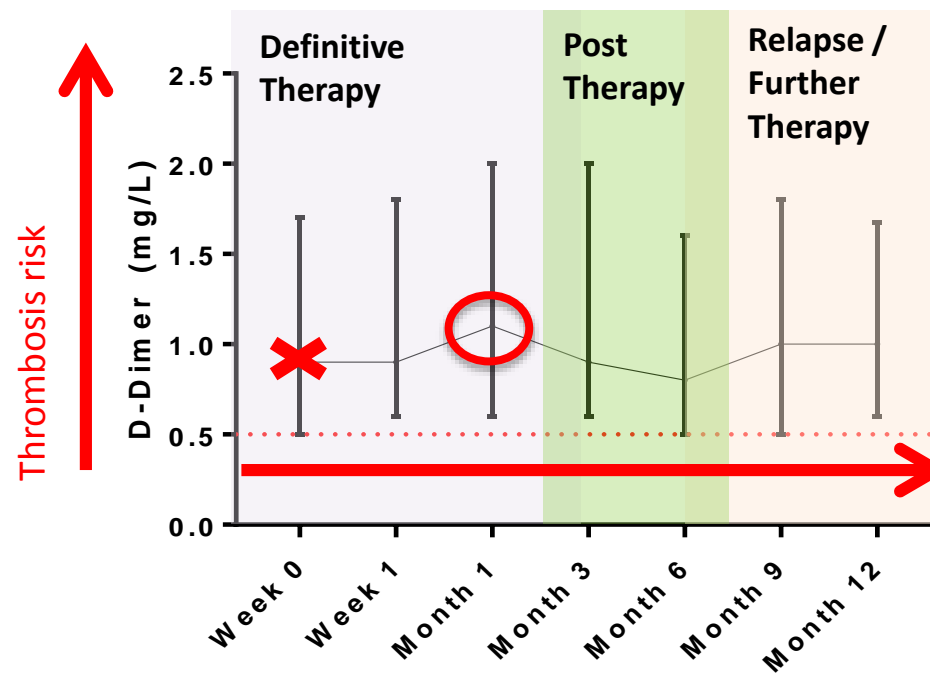


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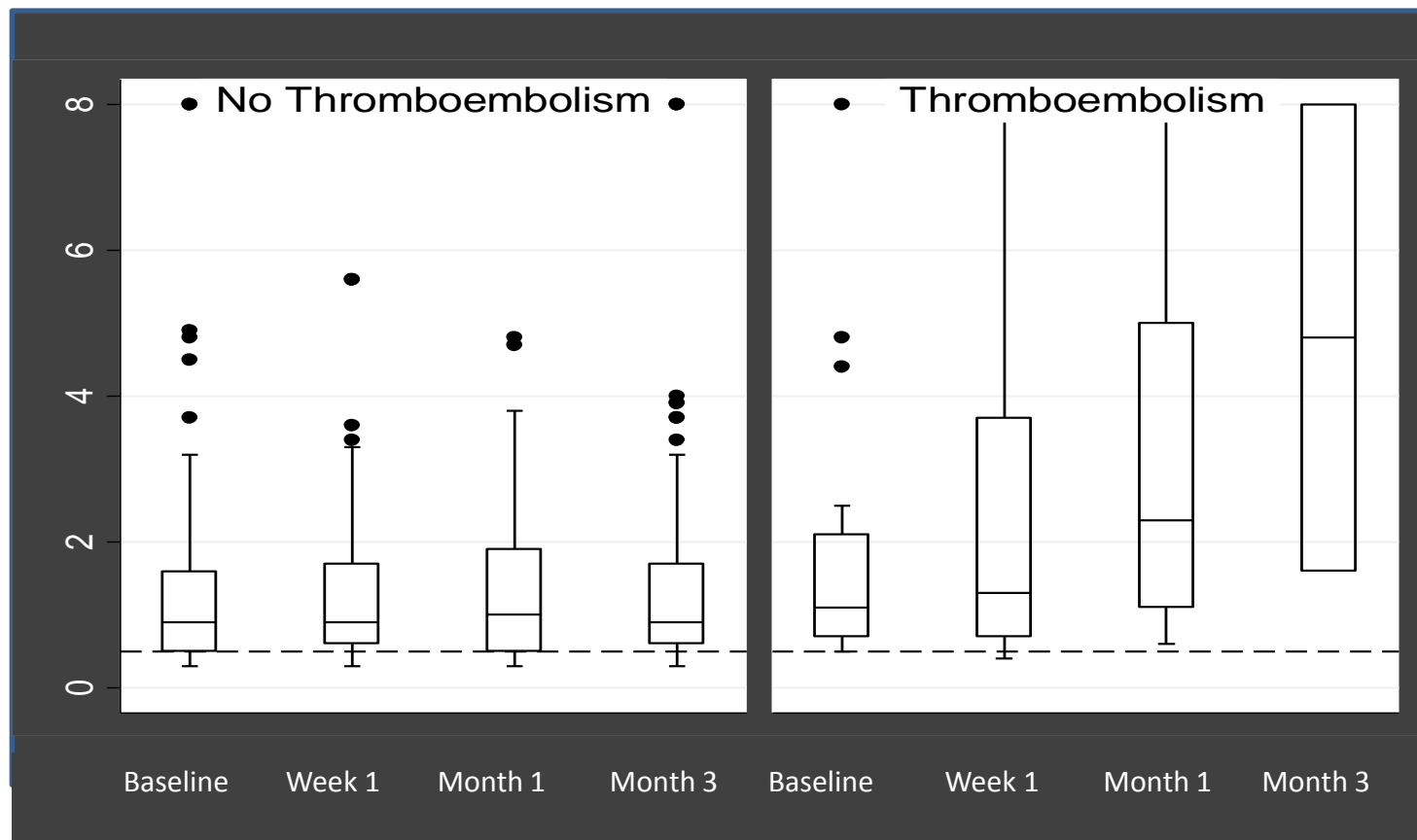
BIOTEL

Longitudinal assessments: Identified high risk patients and time periods in which to direct preventative interventions



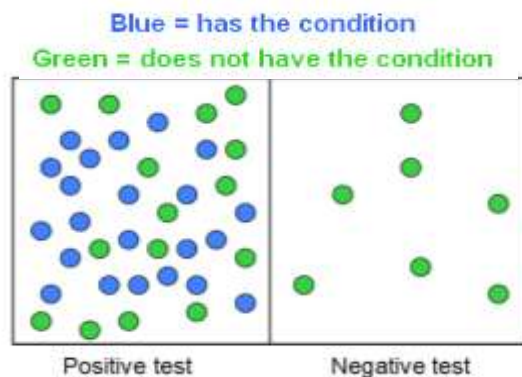
Dynamic risk assessment

Longitudinal profile: Patients-TE characterised by progressive increase D-dimer and fibrinogen - sensitive and potent predictors of TE



TE RISK ASSESSMENT MODEL:

- **High Risk - baseline:**
 - Fibrinogen $\geq 4\text{g/L}$ and d-dimer $\geq 0.5\text{mg/L}$; or
 - D-dimer $\geq 1.5\text{mg/L}$
- **High versus low risk:**
 - **HR for TE 8.0 (p=0.04)** [vs 1.3 (p=0.68) using est risk score].
 - HR for lung cancer progression: 2.31 (p<0.01)
 - HR for death: 2.54 (p<0.01)
- Incorporation **on-treatment D-dimer ($\geq 1.5\text{mg/L}$, week 4): 100% sensitivity and 27% PPV**



Fibrinogen

D-Dimer

Sensitivity: 100%

Specificity: 34%

NPV: 100%

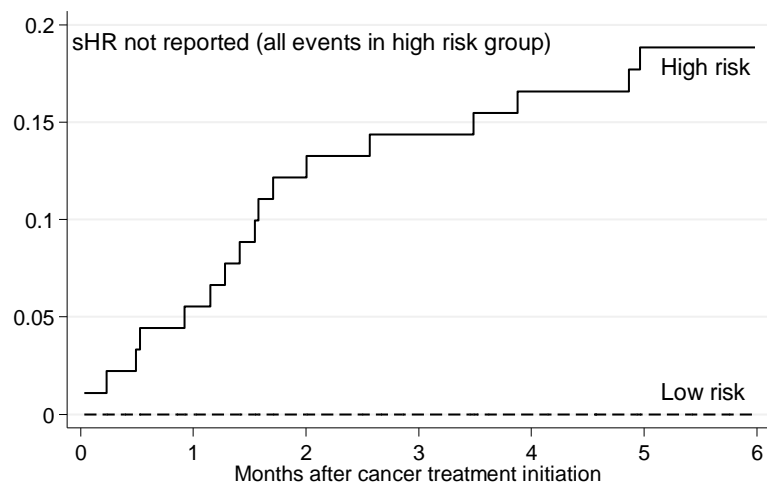
PPV: 27%



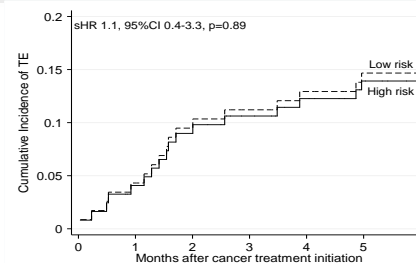
Model: Comparative Performance – prediction TE



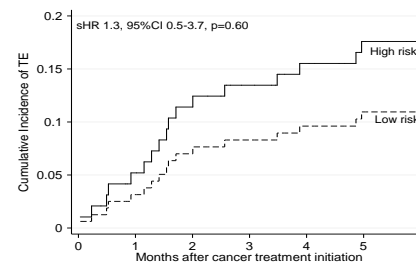
Khorana, CATS, PROTECHT, CONKO



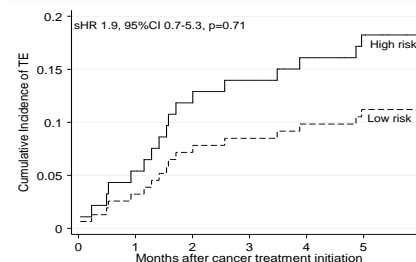
Study derived model



Khorana



PROTECHT



CONKO

Model: Comparative Performance – prediction TE

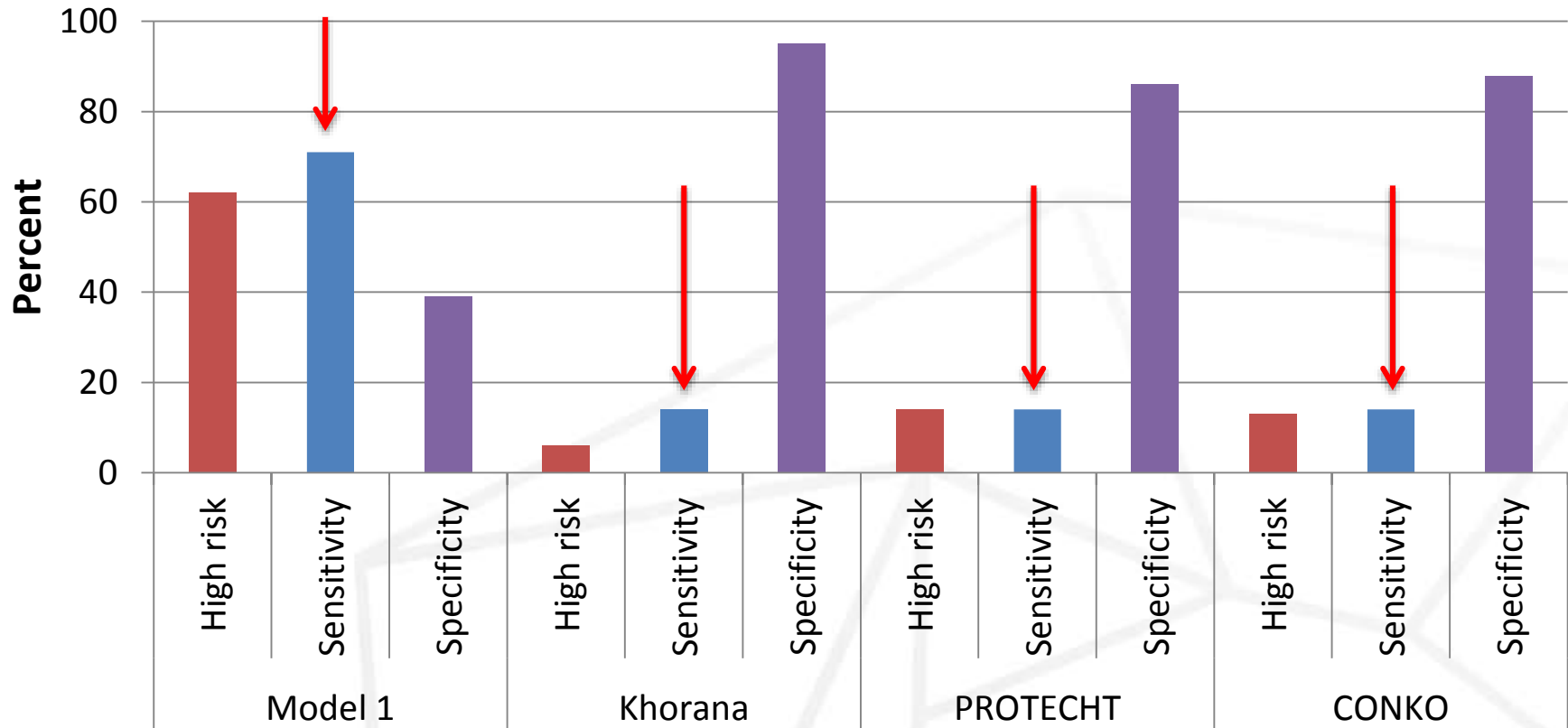


Khorana, CATS, PROTECHT, CONKO

Risk Model	TE Cum. %		Prediction of Thromboembolism						
	High Risk	Low Risk	Sensitivity (95%CI)	Specificity (95%CI)	PPV (95%CI)	NPV (95%CI)	sHR (95%CI), p-value	BIC	AUC (95%CI)
Model 1	26.5	0.0	100 (79-100)	34 (23-47)	27 (16-40)	100 (85-100)	All TE (high risk)	127	0.67 (0.61-0.73)
Khorana	20.2	18.9	25 (7-52)	76 (64-86)	20 (6-44)	81 (69-90)	1.1 (0.4-3.3), p=0.89	143	0.51 (0.39-0.63)
PROTECHT	20.9	16.3	69 (41-89)	37 (26-50)	21 (11-34)	83 (65-94)	1.3 (0.5-3.7), p=0.60	142	0.53 (0.40-0.66)
CONKO	25.0	13.8	63 (35-85)	55 (43-67)	25 (13-41)	86 (72-95)	1.9 (0.7-5.3), p=0.71	141	0.59 (0.45-0.73)
CATS	-	-	64 (NR)	82 (NR)	20 (NR)	97 (NR)	-	-	-

GI Cancer – TE risk model validation

N= 17/171 (10%) experienced TE

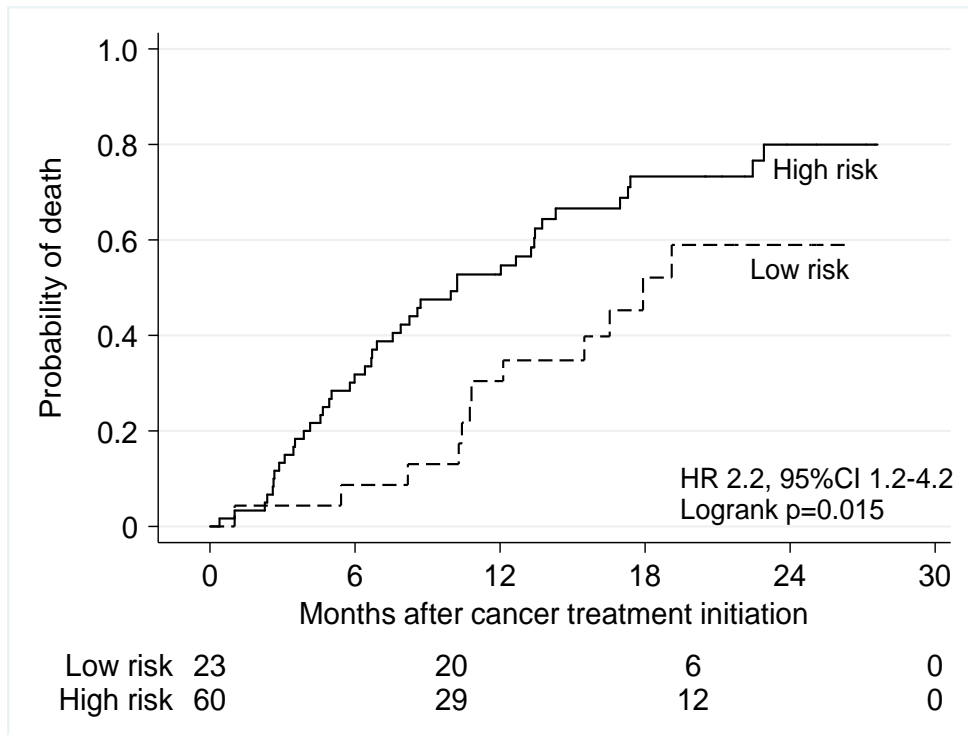




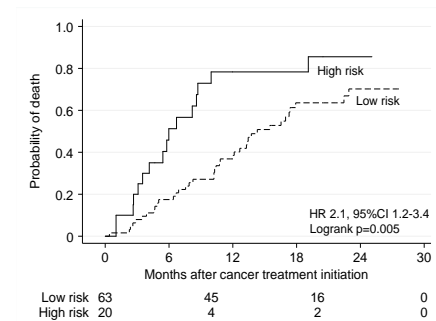
Models: OS



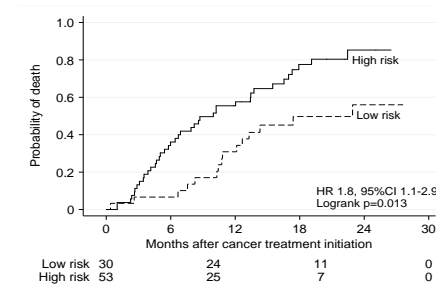
Khorana, CATS, PROTECHT, CONKO



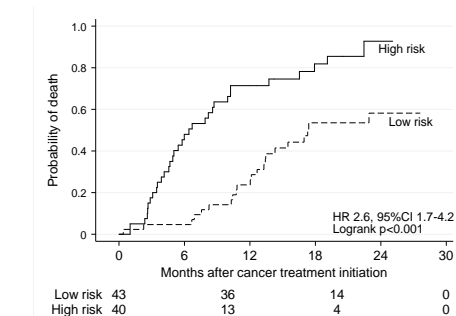
Study derived model
****independent of stage****



Khorana



PROTECHT

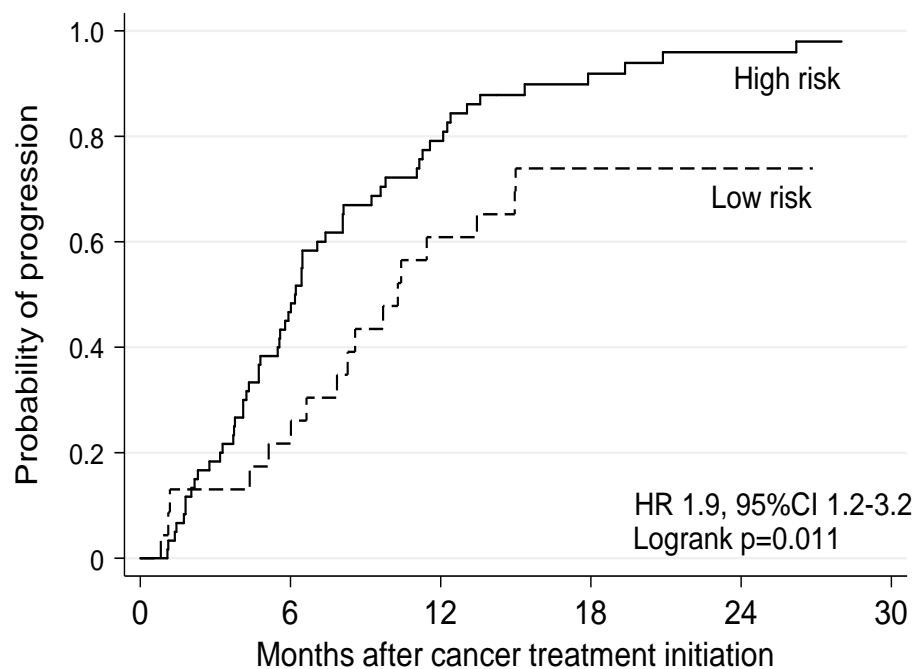


CONKO

Models: PFS



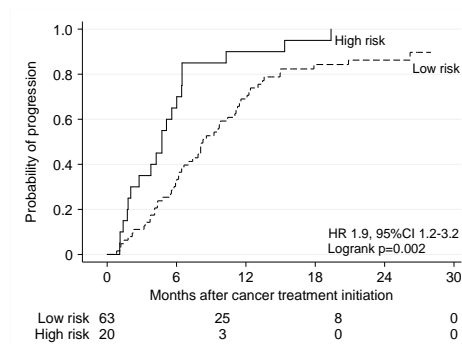
Khorana, CATS, PROTECHT, CONKO



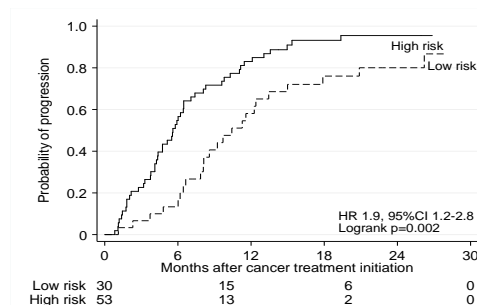
Low risk 23
High risk 60

12 5 0
16 3 0

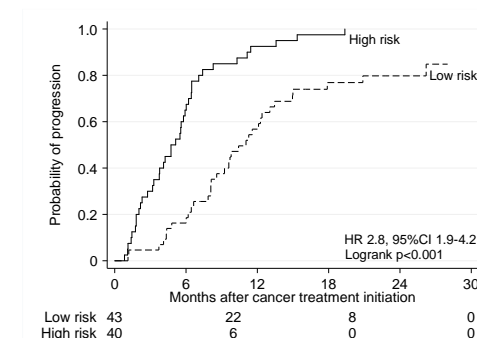
Study derived model
****independent of stage****



Khorana

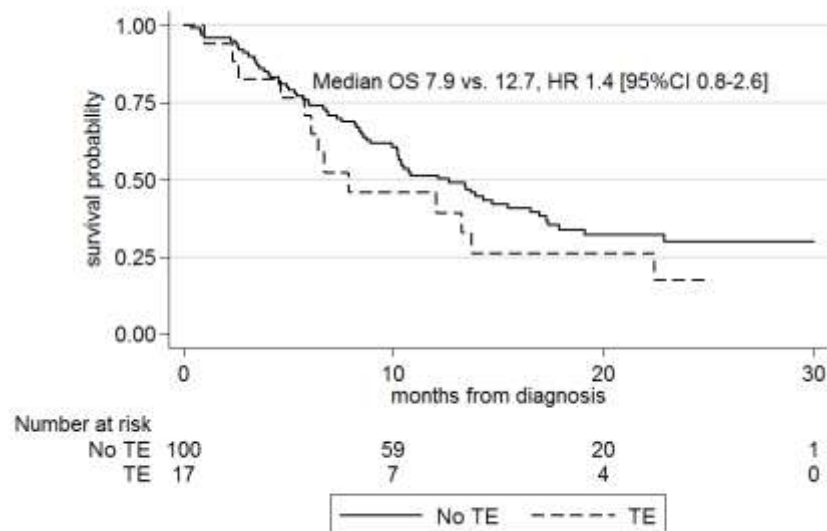


PROTECHT

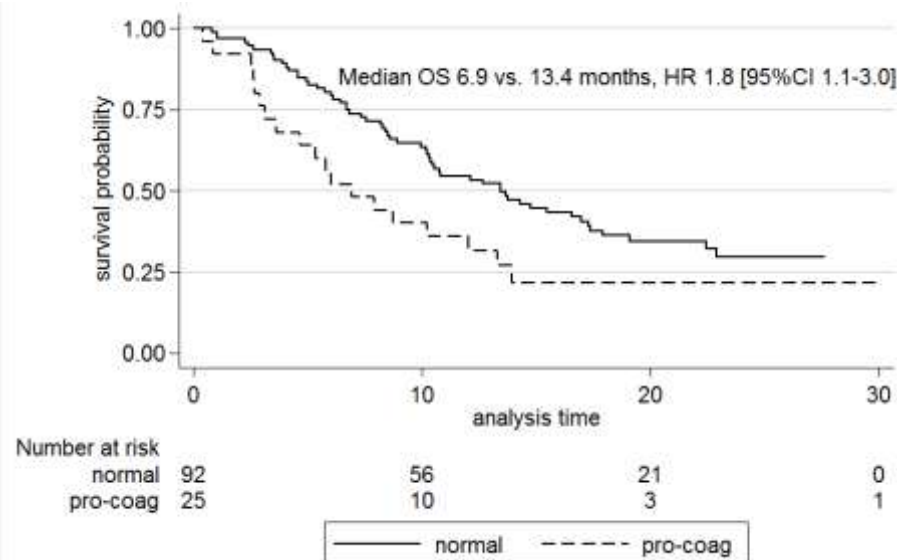


CONKO

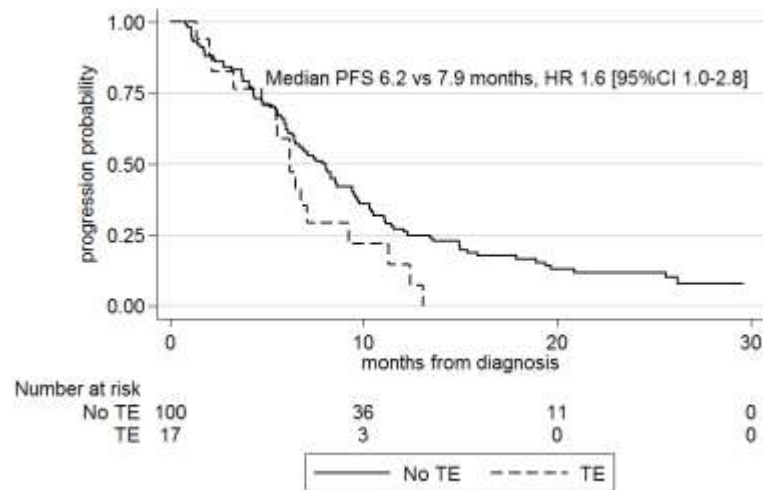
Survival curves according to: 1. TE event and 2. Procoagulant state



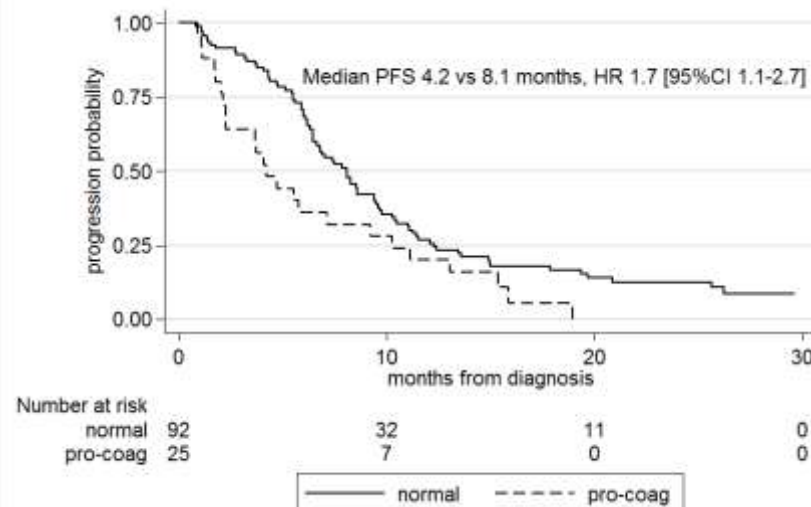
TE = any TE within 6 months of commencing anticancer treatment



Procoagulant: Fib \geq 4; D-D \geq 1.5; TEG-MA \geq 69

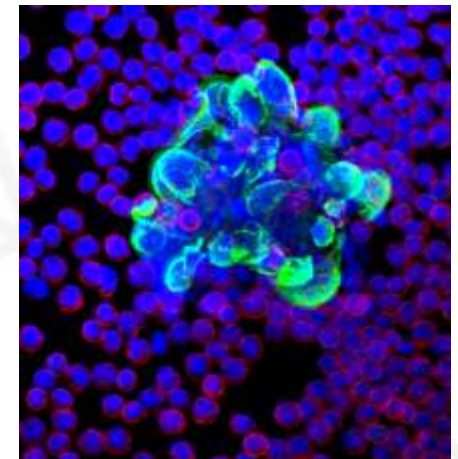
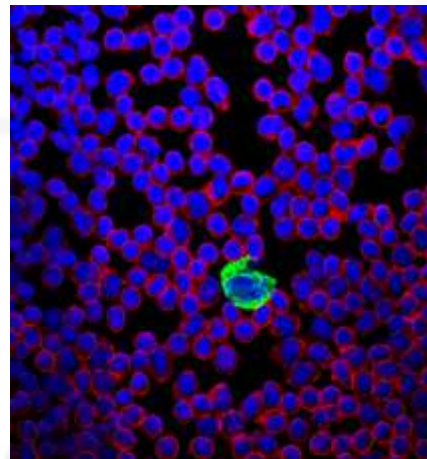
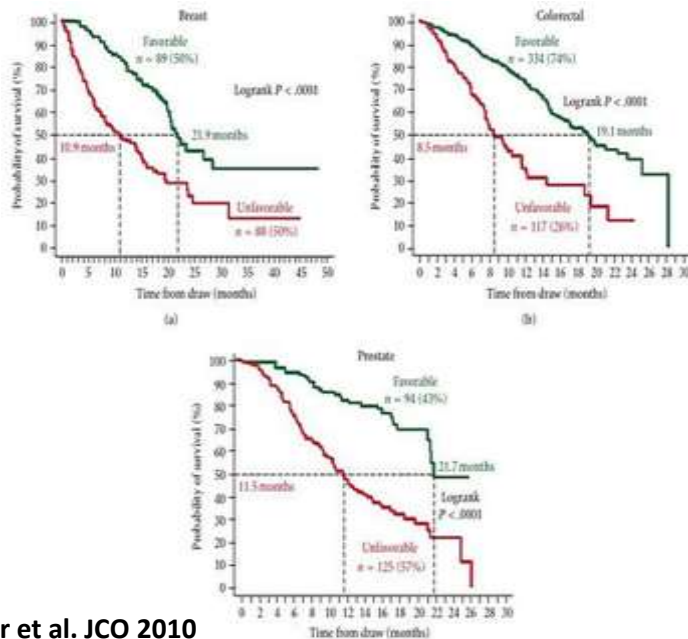


TE = any TE within 6 months of commencing anticancer treatment



Circulating tumour cells:

- Source tumour re-emergence and distant spread
- Biology – vascular circuitry and coagulation pivotal
 - Intra- and extravasation
 - Re-colonisation, neo-angiogenesis, self-renewal, growth
 - Maintenance of microenvironment
- Coagulation activation: Evasion of “immune surveillance”



BIOTEL – lung cancer: Discussion

- TE remains frequent with highest risk period in **first 3 months** of starting therapy
- **Dynamic risk:** profile longitudinal thrombogenic biomarkers
- Biomarkers: **elevated D-dimer and fibrinogen** were associated with TE, cancer progression and reduced survival.
- Prioritised biomarkers: used real-time, any patient, at any time
- Applicability in other tumour groups – next phase is to assess the ability to direct targeted preventative interventions.
- Understanding interactions between oncogenes, cancer biology, “coagulation” proteins remains important

Translation into clinical care

RISK TARGETED P-TP

PIII, multicentre RCT assessing targeted pharmacologic thromboprophylaxis in patients receiving anticancer therapies

CASSINI: <https://clinicaltrials.gov/ct2/show/NCT02555878>

AVERT: <https://clinicaltrials.gov/ct2/show/NCT02048865>

Collaborative clinical and translational studies

Circulating tumour cells, coagulation activation and biomarkers

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- Rory Wolfe
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- Ray Dauer
- Dimitra Savva
- Sue Wilson
- Philip Smart

> 500 patients and their families that have contributed to our projects